

7 EASY WAYS TO CONNECT WITH KIDS

Creating respectful relationships in homes & schools

01

LISTEN

Really listen. Stop doing whatever you are doing and give your child your full attention.



02

VALIDATE FEELINGS

Don't we all feel connected when we feel understood?



03

SHARE YOUR FEELINGS

Children feel special when you respectfully share something about yourself. Respectfully, means no stories about walking miles in the snow.



04

FOCUS ON SOLUTIONS

WITH children after a cooling off period. There is that word "with" again because it is a golden bridge to connection.



05

RESPECTFUL TRAINING

Take time for respectful training during calm times. Doing tasks together while you provide training is a great way to connect.



06

ASK CURIOSITY QUESTIONS

ASK curiosity questions to help children explore the consequences of their choices instead of imposing consequences on them.



07

SPEND SPECIAL TIME

with children. What could create a greater connection for your child than to know you enjoy spending time with him or her.

